Dr. Prabhat Sanyal

A "Call" from Pondicherry

On the evening of the 29th November 1950, as I was resting after a heavy day, a servant brought me a telegram which read: "FLY—URGENT—MOTHER". Never could I have imagined the amount of meaning there was in those few words.

Then it came to me—Is Sri Aurobindo ill?—Why otherwise would the Mother send such a telegram? Other thoughts crept into my mind and I could not decide how best to equip myself for the errand.

The next morning, 30th November, I flew to Madras, only to find that the next train for Pondicherry did not leave until 9-50 p.m., and so I would reach my destination by 7-a.m. the next morning. It was a torment to think that after traveling 1000 miles in 5 hours it was now to take me twenty hours to cover 100 miles. I looked at the telegram—read it once again—No! I could not waste time, so I hired a car.

It took me an hour to obtain a permit from the Police authorities, who looked me over thoroughly, trying to decide whether I was a smuggler or some thirsty drinker wanting a joy ride to French India. They finally decided however that I could go. The driver being assured of extras, my car literally flew along the roads to Pondicherry having only to stop twice at the inefficient and rude customs barriers—and by six in the evening I was at the Mother's feet in the Ashram playground. As usual She greeted me with her heavenly smile, saying She had expected me that very evening. She then told me of Sri Aurobindo's illness and asked me to examine Him; She added that She would be coming to his room after the programme was over in the playground.

On the way Dr. Nirod of the Ashram and my young colleague Dr. Satya Sen acquainted me with the history and present condition of the Master. Softly but quickly I ascended the stairs and entered the room. There I looked on the Master, my divine patient, semi-recumbent on His bed, seemingly unconcerned, eyes closed, like a statue of massive peace. I approached the bed, knelt by His side and made my pranams at His feet. Champaklal called: "Look, Master, who has come ". There was a quiver on His face; heavy eyelids opened a little—then all was still again. But again Champakial called: "Master, see, Sanyal has come". This time He opened His eyes fully, looked at me and smiled—Oh such a smile, serene and beautiful, it carried one to ecstasy, lighting the innermost corners of the heart.

He placed His hand on my head and lovingly patted it a few times—all thoughts vanished, it seemed my heart had stopped. I was overpowered with a mighty peace and calm. He had closed His eyes—except for His respiration all was still and a great silence reigned. Then Champaklal whispered delightedly, "He has given you a Darshan Smile and Blessing".—It was a blessing no words could describe; only one who has seen it and known it in his heart could appreciate what it meant, it for it was an experience of the soul.

I waited for the opportunity to become the doctor. I asked Him what the trouble was and whether I could give Him any relief. I put to Him the regular
professional questions, perhaps then forgetting that my patient was the Divine housed in a mortal frame, and He answered: "Trouble? Nothing troubles me—and suffering! one can be above it." I mentioned the urinary difficulties. "Well, yes", He answered, "I had some difficulties but they have been relieved, and now I do not feel anything." Again there was silence.

We retired to the next room and I had a consultation with Nirod and Satya. His urine analysis report had arrived, showing slight albumen and sugar, specific gravity a little above normal. The Mother now entered the room and stood in silence near the foot of the bed and watched Sri Aurobindo. Soon She called me out into the next room where I explained the position to Her, that He was suffering from a mild kidney infection—otherwise there was nothing very serious as far as could be judged from the urine report.

We thought that, Deo volente, continuous drainage would suffice and antibiotics would gradually improve the rest.

The following morning, 1st December, was very encouraging; our Lord was absolutely alert and responsive and His temperature was normal. After His sponging He took His simple breakfast and even cracked jokes with us. I was giving Him a scalp massage and enquired if He was liking it or not. He remarked: "I know you went to England for your Fellowship but where did you learn massaging?" I suggested that we would like to have His blood exa-mined for a detailed bio-chemical examination, to which He smiled and retorted: You doctors can think only in terms of diseases and medicines, but always there is much more effectual knowledge beyond and above it. I do not need anything". All of us were very happy by this most remarkable improvement and the day passed on.

The next day, 2nd December, there was little change except for a rise of one degree in temperature towards the evening. The day was a heavy one for the Mother as it was the second day of the annual display in the playground; but as soon as the activities were over She came to His room and stood at the foot of His bed. Her countenance was very grave but She did not say anything. I suggested, as the urinary infection was again flaring up in spite of continuous drainage, that we should try Antibiotics and Infusion therapy. Mother then warned me that orthodox methods of treatment were unsuitable for Him—not only would Sri Aurobindo not like them but they would be harmful. She also reminded me that my patient was the Divine, "He will work out whatever is necessary." I could only give some simple medicines to allay symptoms if any.

We doctors were in a state of perplexity; true, our patient was an Avatar; true, He had cured innumerable ailments in the sadhaks as also in Himself several times—would He not now cure Himself?

Champaklal once entreated Him in a favourable moment: "Why don't you use your force and cure yourself, Master?" He kept silent and showed rather a dislike for such questions.

December 3rd—After a rather quiet and restful night He looked better that morning and when the usual morning routine was over Nirod offered Him some fruit juice which He enjoyed.
The temperature had dropped to normal and so much was our relief that at
11 a.m. while making my Pranams to the Mother I ventured to suggest that as the
Master was steadily improving I might perhaps leave that evening. The Mother
remained silent; She looked very grave. I looked into Her eyes and felt a quiver, a
pain in my heart. What had I said? Was She not willing? Why did I suggest my
departure instead of waiting for Her to tell me? I felt a wrench at my heart and I
blurted out: "I would rather stay a few more days". A smile lit all Her face. "Yes,"
She said. In the afternoon the picture rapidly changed. The temperature had risen to
101 degrees. There was a definite respiratory distress. The Mother came into the
room at 4 p.m. and stood watching. All the afternoon we had found it difficult to
get Him to drink water or fruit juice, so now we sought Her help. She brought the
spoon near His lips. Immediately He opened His eyes, took a few sips and lapsed
back into unresponsiveness. The Mother came with us into the ante-room and then
for the first time declared: "He is fully conscious within but is losing interest in
Himself". We could understand very little and dared not question further. Satya
was restless as energetic treatment could not be instituted. The Mother simply said:
"It all depends on Him".

As the darkness closed in upon us our hearts grew heavier. At times Nirod or
Champaklal would offer Him sips to drink and He would even remark on His
choice of tomato or orange juice or something of that sort, then would lapse back
into a state of unresponsiveness.

Not once would He say or at any time indicate that He was uncomfortable or
thirsty, but if we changed His position or offered Him a drink He smilingly
accepted it. The Mother came at 11 o’ clock at night as usual; the moment She
offered Him a drink He was all alert and obediently drank a cupful of fruit juice—
then again He lapsed into a state of repose.

The distress continued now with little sign of abating and The Mother took
me into the ante-room remarking: "I don't know, He has no interest in Himself ". I
suggested intravenous medication from the next day onwards, but She advised me
not to disturb Him.

The long night passed, a long and worrying night. Nirod and Champaklal
kept watch throughout.—If there is a quiver of the lips, it may be that He wants a
drink_ If a shake of the hand—perhaps He needs His handkerchief. They are there
to serve Him; that is their sadhana—life dedicated to the service of their Master.—
I remembered Sri Aurobindo one day telling me of his early days of sadhana, when
he used to sit up all through the night. Champaklal, then a mere boy, would lie on
the stairs below, waiting for any summons. On another occasion some time before,
I mentioned to Sri Aurobindo that Dr. Nirod would change the medicine when
needed; He remarked, "Nirod is no doctor to me".

We continued keeping a careful watch on the urinary flow and He was still
passing 50 ozs. in 24 hrs. at specific. gravity of 1012- 1010. Nirod would sit by the
bottle and watch each drop as it fell and if there was any delay, which was often
the case, he would immediately draw my attention to it.

December 4th—At dawn His temperature had dropped to 99 degrees. The
respiratory distress was negligible and He seemed bright and responsive.
The morning duties were over and we settled Him in His usual sitting position. There He sat majestic and serene. At about 9 a.m., The Mother came and helped Him to take a light breakfast. As She walked into the ante-room, the room used for our consultations, I smiled to Her and said; "The Master seems cheerful again and taking interest". The only answer She made was "Mmm" and then went out of the room.

I settled by the side of the bed and gently massaged the Master's body while Nirod and Champaklal were attending to their duties. After a little while He opened His eyes and asked the time. I told Him 10 o'clock, I saw He was in a mood to talk so I ventured: "How do you feel"? He replied, "I am comfortable." There was a pause; He looked at the clock and then asked how Bengal was faring, especially the refugees. I narrated to Him their pitiable plight and implored: "Surely the Divine can help them?" My Lord answered, "Yes, if Bengal seeks the Divine." He closed His eyes and went into silence (samadhi).

But alas, it was only a brief lull—a belied hope. From midday the respiratory difficulty reappeared with greater amplitude and the temperature went up to 102 degrees. This time signs of distress could be seen in the face but there was not a word, not a protest.

The Mother came about 1 p.m. She watched for some time before entering the adjoining room with me. Then She said, "He is withdrawing".

Though He looked apparently unconscious, whenever He was offered drinks, He would wake up and take a few sips and wipe His mouth himself with His handkerchief. To all of us it seemed apparent that a consciousness came from outside when He was almost normal, and then withdrew when the body quivered and sank down in distress. He was no longer there!

By 5 o'clock again He showed signs of improvement. He was quite responsive. We helped Him out of His bed. After which He walked to the armchair to rest. For the moment He seemed a different personality. He sat there with His eyes closed—calm and composed with a radiating consciousness. We remarked on the majestic beauty of His form as He sat there; such calm and beatitude brought to my mind the Vedic Rishis. But this did not last long. After three quarters of an hour He became restless and wanted to be back in bed. Respiratory distress appeared with redoubled momentum. From midday onwards the urine output which had been good all these days definitely diminished and the distress was very prominent. Though He seemed to be unconscious He was not, which was evident by the fact that He drew Champaklal several times to His breast and kissed him lovingly and this Divine compassionate embrace was extended to Nirod and myself. It may be mentioned that this emotional behaviour was evident here for the first time; but He had taken nothing to drink the whole day.

The Mother came back after Her usual attendance at the playground. She laid her garland at the foot of the bed, a thing which She does daily, and stood watching Sri Aurobindo. She looked so grave and quiet that it almost distressed me. I went to the ante-room to wait for Her. She entered and I gave Her the report and told Her that Glucose had been given by Satya and we wanted to arrange for
intravenous infusions etc. She said quietly and firmly, "I told you this is not necessary, He has no interest in Himself, He is withdrawing".

We sat round His bed, wondering why He was losing interest in Himself; He, if He so desired, could certainly cure Himself as He had done on so many other occasions,—Nirod has seen Him curing the illnesses of others. But now at this crucial hour He had no interest in Himself! Was He going to sacrifice Himself?

At about 11 p.m. the Mother came into the room and helped Sri Aurobindo to drink half a cup of tomato juice. A strange phenomenon—a body which for the moment is in agony, unresponsive, labouring hard for breath, suddenly becomes quiet; a consciousness enters the body, He is awake and normal He finishes the drink, then, as the consciousness withdraws, the body lapses back into the grip of agony.

At midnight the Mother came again into the room, looked intently for some time as if there was a silent exchange of thought between them; then She left.

At 1 a.m. (5th) She returned and again looked at the Lord and stood at the foot of the bed. There was no sign of agony, fear, or anxiety on Her face. Not a thought, not a feeling could I fathom in Her expression. With Her eyes She asked me to go into the other room and She followed me in. She asked, "What do you think? Can I retire for one hour?" This is a significant hour: The Mother retires—Her consciousness leaves Her body, none are to call or enter Her room then. This is imperative.—I murmured, "Mother, this is beyond me." She said, "Call me when the time comes."

I stood behind the Master and started stroking His hair which He always liked. Nirod and Champaklal sat by the side of the bed and were caressing His feet. We were all quietly watching Him. We now, knew that anything might happen, any time, only a miracle could save us and the world. I perceived a slight quiver in His body, almost imperceptible. He drew up His arms and put them on His chest, one overlapping the other—then all stopped. Death, the cruel death that was waiting so long—we had been keeping vigil for it —had descended on our Lord. I told Nirod to go and fetch the Mother.

It was 1-20 a.m..

Almost immediately the Mother entered the room. She stood there, near the feet of Sri Aurobindo: Her hair had been undressed and was flowing about Her shoulders. Her look: was so fierce that I could not face those eyes. With a piercing gaze She stood there. Champaklal could not bear it and sobbingly he implored, "Mother, tell me Dr. Sanyal is not right, He is alive." The Mother looked at him and he became quiet and composed as if touched by a magic wand. She stood there for more than half an hour. My hands were still on His forehead. My mind wandered. He lay, my Guru, Rishi Sri Aurobindo, Avatar of the new era of the dawn, a thing past! Only a few seconds ago I was watching and hoping for a miracle to happen; could there be a more appropriate time than this? Sri Aurobindo is no more! He was alive, and now He is history. Thoughts kaleidoscoped in my brain. I could almost see thousands of people passing by the bed, whispering aloud—"Here lived Sri Aurobindo." But it cannot be; I am standing here by His
side, my hands almost touching Him, I am watching Him breathe, yes, every
movement, all is much more quiet now,—I could not think; any more. A sharp pain
went through my head. I looked at the Mother. Softly She came to me and touched
my head, stilled my thoughts, quietened my mind. No trace of agony was left, I
could now think normally. I asked Her, "What is to be done, we have to arrange for
the last offices." She quietly said, "He will be given Samadhi, under the Prayer
tree. in the pace where the giant maidenhair plants are arranged." So, this place had
been earmarked beforehand; such is the way of the Divine!

The Mother also reminded me of the formalities that had to be observed, a
French doctor must certify the death first. Then only members of the Ashram and
the public could be informed. Nolini Gupta and Amrita were called and stood there
as if stunned. Pavitra stood at the feet of the Master, tears rolling down his cheeks.

We were busy in dressing the Lord. The Mother had already agreed to my
request to call the Ashram photographers (sadhaks) to take the last pictures.

The French physician of the Hospital, Major Barbet, examined the Master's
body and we both signed the death certificate.

Now the sadhaks of the Ashram were to be informed. It was now dawn, the
eastern sky was slowly getting clearer and clearer, a shaft of light appeared over
the horizon. Quietly I left the Ashram.

As I sat by the window, bewildered, in my room at Golconde, I saw the
hurried but silent progress of the Ashramites towards the Ashram.—Sri Aurobindo
has passed away— I felt a violent pang in my heart. I looked at the sky.
Look!...There, Sri Aurobindo is rising again—the eternal Sun bursting forth with a
million rays.

As the day wore on, longer and longer became the stream of people, eager
but calm and patient, to have a last Darshan of the great Rishi. In the afternoon I
again entered the room where our Lord lay serene and majestic. A never-ending
stream of people, laymen, clergymen, doctors, lawyers, rickshaw pullers,
labourers, rich men, poor men, all filed past the sage, silent but inspired. At dusk
the Ashram door was closed. The Mother blessed me, asking me to come again
early in the morning. I left for Golconde. Champaklal and Nirod were keeping vigil
night and day.

December 6th—I entered Sri Aurobindo's room before dawn. Mother and I
had a look at Him; how wonderful, how beautiful He looked, with a golden hue.
There were no signs of death as science had taught me, no evidence of the slightest
discoloration, or decomposition. The Mother whispered, "As long as the
supramental light does not pass away, the body will not show any signs of
decomposition, and it may be a day or it may take many more days". I whispered
to Her, "Where is the light you speak of—can I not see it?"

I was then kneeling by Sri Aurobindo's bed, by the Mother's feet. She smiled
at me and with infinite compassion put her hand on my head. There He was—with
a luminous mantle of bluish golden hue around Him.

With the morning came the procession of people, taking a last glimpse of
the Divine Master. The Mother said to me, "People do not know what a
tremendous sacrifice He has made for the world. About a year ago, while I was
discussing things I remarked that I felt like leaving this body of mine. He spoke out in a very firm tone, No, this can never be. If necessary for this transformation I might go, you will have to fulfil our yoga of supramental descent and transformation!"

After that night, there dawned on us the third day of Sri Aurobindo's passing. The Mother and I had a look at His body. As yet there was no sign of decomposition. The French surgeon corroborated the findings, this being required by the law of the state.

I was talking with the Mother, in Her room. In my own foolish way I voiced my apprehension for Her health and the strain She put on her fragile frame. She smiled at me, and asked, "Do you think I get all this energy from my frugal meals? Of course not, one can draw infinite energy from the universe when needed!" She also added, "No, I have no intention of leaving my body for the present. I have yet a lot of things to do. So far as I am concerned, it is nothing to me. I am in constant contact with Sri Aurobindo".

Sri Aurobindo's sudden decision of withdrawal stirred the minds of us all. Was it a retreat? Or was it a means used by Him to attain something for the earth? Who can answer?

With our limited mental logic, whatever we try to explain will only be part of the truth, or may even be a distortion. What we need is a supreme faith in Him that if many a battle is apparently lost the ultimate victory of the war is inevitable. Sri Aurobindo has no doubt withdrawn from us, from our physical eye, but the Mother is continuing the fight for humanity as the Mahashakti.

While we all feel as if we were sliding down the incline to disappointment, —for the world torn with dissension, distrust, hatred and greed, looking for a ray in the sky, a divine gesture—for the uplift of humanity—a transformed humanity—the Mother holds out HOPE.

I took leave of the Mother on the 7th evening—taking a last look at the Master's luminous body,—the Divine in a mortal frame, beautiful, calm, and still without a sign of decomposition. I naively asked the Mother, "Why was I not allowed to treat the Lord as I would have done in the routine way, and why was I called in?" Mother consoled me by saying, "We wanted you to be here, not so much for treatment." The Mother blessed me three times and all my sorrows, my disappointments, my doubts vanished, and my mind was aglow with hope. I bowed at Her feet. and looked up to see the Divine Mother, the Mahashakti smiling at me.